



West Angle Bay circular, Pembrokeshire

This circular walk takes you along the far-flung Angle Peninsula's northern shore on a gentle, grassy route suitable for mobility scooters and some wheelchairs.

"This walk has great views over the Milford Haven waterway with some lovely spots to take a break and take in this majestic coastline."

THERESA NOLAN, WALES COAST PATH OFFICER

Start and Finish:

West Angle Bay beach car park (circular walk).

Distance:

4 miles/6km.

Along the way...

West Angle Bay has a sandy beach fringed with rockpools to explore – look out for the rare cushion starfish that live in the bay. From the beach, the Wales Coast Path follows the red sandstone cliffs northwards to a viewpoint overlooking Thorne Island, home to a Victorian fort.

It's one of seven dating from the second half of the 19th century built to defend the Milford Haven, one of the world's finest natural harbours, against invasion from France. In the end, the French threat never materialised and the forts came to be known as Palmerston's Follies, after the Prime Minister who commissioned them.

As you continue along the path, you'll come to Chapel Bay Fort, another of Palmerston's follies. These days it's a museum packed with equipment and old weaponry from the fort's working days as a military installation.

If you're in need of a little refreshment, there's also a café serving drinks, snacks and light meals. Continuing past the lifeboat station, you'll reach Angle Bay, an expanse of mud and sand populated by wading birds like oystercatchers and curlews. From here, it's a short walk through the village along the B4320 back to your starting point at West Angle Bay.

Need to know:

There are toilets and a café in the West Angle beach car park, plus two pubs in the village.

You can also reach Angle on the Coastal Cruiser bus service from Pembroke.

Check the Pembrokeshire website for bus times and routes: www.pembrokeshire.gov.uk/bus-routes.